

NEWSLETTER



FRIENDLY ST ALLOTMENTS



CATFORD BROADWAY THEATRE

EST. 1974

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WHO ARE THE BTC VOICE GROUP?

This newsletter is written by members of the co-op about and for other members. The other newsletter that you get is written by our hard working office staff and provides vital information about the co-op services and your obligations, also information about finances, benefits and other help. This newsletter is organised by the Voice group. The Voice group was formed by members to encourage participation through social events, sharing creativity and just having fun! Please join us and send your ideas, recipes, opinions or artistic creations to hello@brockley.coop . SEE YOU SOON!!



BTC VOICE COMPETITION WINNERS 2023

CHRISTMAS HAMPER RAFFLE

Last December the BTC Voice Group launched our first Christmas hamper raffle. All BTC members were invited to enter the raffle by email or in person at the December meeting and Christmas social. The draw was made by an impartial party -the owner of the cafe next door to the coop- and the lucky winners were Heather, Lorna and Birgit. Each recipient recieved a hamper from M&S.

The Voice Group are planning to continue this raffle every year so remember to check your emails for this and other great events!

“Thanks to BTC and Voice Group for the lovely hamper and festive treats we enjoyed over the festive period: sweet biscuits, shortbreads and florentines, cheese and savoury crackers and an ale and onion chutney. We really appreciated it especially in the current climate and cost of living prices so high” - Heather
BTC Christmas hamper winner

Sparkle



CONGRATULATIONS TO MONIKA R AGED 15 FOR WINNING THE LAST CHILDRENS STREET ART COMPETITION!

The correct answer was the middle or side entrance to Lewisham Shopping Centre on Molesworth St SE13. Monika won a £20 Love2Shop voucher She was very pleased to win!



OH NO THEY DIDN'TOH YES THEY DID!!

BTC VOICE PANTO TRIP 2023

On December 18th 2023 BTC members and their families met at Catford Broadway Theatre to watch Jack and the Beanstalk written and directed by Susie McKenna. The Voice Group managed to get 30 front stalls tickets for £10 and £5 for kids. They were a great deal and sold out in 3 days.

We were treated to a thoroughly modern and Lewisham take on an old, classic panto story. The residents of Lewisham are being driven out by Boris 'The Flying Cockroach' who has raised rents by 300%. Boris is a villain who "makes Margaret Thatcher look like Peppa Pig" ! We were invited to shout at him by Dame Trot, Jack's mum and beautiful pantomime dame with the glamour of the Islands and a stunning collection of outfits - including a cup cake dress complete with cherry on top! It's up to her son to save Lewisham with the help of

Queen Bee, a mystical female force for good. Jack is a peaceful young man who refuses to use violence to kill the giant. Of course it all turns out well. Dame Trot, Jack, SJ, Scarecrow and Caroline The Cow triumph along to some feel good tunes that BTC members sang along with!



"OUR AIM IS TO BRING THE WHOLE OF LEWISHAM TOGETHER TO EXPERIENCE THE JOY OF PERFORMANCE AND CREATIVITY"-
CARMEL O'CONNOR, PRINCIPAL PRODUCER

"Just wanted to say thank you. I think its a great idea to do the pantomime tickets. I went with my son and we had a fantastic time, a lot of silly laughs in these hard times goes a long way"-

BTC member, Catherine



BTC co-op members enjoyed an ice-cream on the house!

1974 - NOW

50

BROCKLEY TENANTS COOPERATIVE JUBILEE CELEBRATIONS 2024

Save The Date! Saturday 27th July 2024

BTC is 50 this year, and we are celebrating! This AGM and party will be a free event for our members, friends and family.

Location to be announced shortly, and tickets will soon be available to reserve.

You can expect a day of feasting, celebration and fun. A sit-down lunch, children's activities, inflatables, a jerk BBQ and entertainment / DJs to see us through until evening!



TIME capsule

Historians say that items that describe the daily lives of people creating them such as personal notes pictures and documents are more useful to future historians than objects that have no context. A way of commemorating our co-op is to create a time capsule! We could ask children to write a letter to their future selves, include BTC newsletters,

What do you think? Email us on: hello@brockley.coop

We are looking for a team of volunteers to help with the running of the day. *Would you be able to give us an hour of your time?*

We'd also like a few more first aiders on board. *If you have a valid first aid certificate and are planning to come, please let us know!*



a newspaper from the day of our party, a photo of our mural with a copy of what the plaque says about its creation. A list of people that came to our celebration, photos of the day. We could include a list of contents so our future selves will know what things are called and a letter to the person opening the box to explain what we are intending.



CHIDRENS STREET ART COMPETITION MARCH 2024

WIN £20 LOVE2SHOP VOUCHERS!

Do you know where the street art pictured above is located? If you do check the rules for the competition - You could win £20 in Love2Shop vouchers!



- Where is the artwork located? (streetname and brief description of area)
- What is the name of the flower in the background?

Competition rules:

- One prize per household
- Child means person aged between 8 and 15
- Open to all children who have a parent or guardian of Brockley Tenants Coop.
- All entrants must supply their names, addresses and email address
- BTC Voice decisions are final
- Deadline for entries: 30th April 2024

Send your answers ASAP by email to hello@brockley.coop or post by mail or by hand to the BTC offices at 249 Lewisham Way, SE41XF

BTC VOICE COFFEE AFTERNOONS

BTC Voice coffee afternoons are a great way to connect with other members from the co op in an informal and relaxed way. Plus you get a free drink and cake or pastry!

We often meet at the The Hill Station Cafe

on Kitto Road to catch up and chat for an hour or two. We're always open to suggestions for alternative venues so let us know if you have any ideas. Remember to check your emails for details of the next one!



JENNIFER'S ALL IN ONE SPONGE CAKE

All-In-One Sponge Cake

I love cake and oftentimes I get my cake-fix at home. My fave? I love a good-quality red velvet! When I'm in a hurry though (and want to be healthier) I do a basic sponge cake and I'm happy to share the recipe with you.



Utensils:

- loaf tin; floured or lined with parchment
- hand-held whisk
- kitchen scales
- spatula
- knife or skewer
- large bowl
- measuring jug
- serving plate
- cooling rack
- table spoon

METHOD:

- Blend the sugar and the butter until it forms softly and creamy. If you use a heavier sugar such as soft brown or granulated (which I often do for a different flavour or texture), you will need to whisk for longer to ensure that it's soft.
- Now add the eggs one-by-one, whisking the mixture gently between each egg that you add. You should not let the eggs/mixture curdle. If you see any signs of this happening, add a tablespoon of flour to the mixture.
- Once all the eggs are in, gently add all the flour. Gently, because you don't want to whip out the air that's in the mixture which keeps the cake light.
- During the mixing of the flour add the vanilla essence and cream until the mixture becomes well blended. It shouldn't be dry. Gently turn the mixture into the loaf tin and bake in a pre-heated oven for 40 to 50 minutes gas mark 4. (now you can lick the bowl - okay, okay, you don't have to but if you do, you also don't have to share this part with children. I generally don't!)



Ingredients:

Measure 3 large eggs.

Whatever the weight of the eggs you've measured, measure the same amounts for the following ingredients:

- Butter
- Caster Sugar (any kind)
- Self-raising flour

Additional Ingredients:

For flavour and moistness

- 2 tbsp - vanilla essence
- 100 ml single cream

For the Topping:

- 250g Icing Sugar
- 50ml fresh lemon juice or other flavoured juice

The cake is ready when a knife or skewer, when tested, comes out of the cake clean i.e. without any mixture attached to it.

Leave the cake to cool in the tin. When cool enough remove the cake from the tin and put it on a plate of your choice.

Now you're ready to decorate the cake with a basic icing sugar topping.

Place your icing sugar into a bowl and then add the juice. Mix the ingredients to form a consistency of your liking (runny or thick), adding more or less icing sugar or flavored liquid. Gently pour the mixture all over the cake to your liking.



You can use any flavour you like and you can add sprinkles and other decorations in this case thinly cut (unwaxed) lemon skin.

Instead of a loaf tin, I often make cupcakes with this recipe. So instead, you'll need a muffin tin and cup cake cases. In similar vein, you can use a round tin.

Toppings can be icing or a butter cream topping using any flavour you like.

You can also use this recipe to make chocolate cake by adding about 50 to 100g of cocoa powder to the flour mixture.

If you're really rushed and can't be bothered, you can bung all the ingredients into a bowl and mix it all in one go. A main difference in doing it this way is that the mixture won't be so light when cooked. But, it's still cake! ENJOY

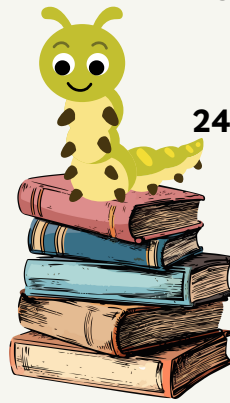
ARE YOU A BOOKWORM?

BTC member Sarah is wondering whether some fellow book lovers would like to form a book group and meet once a month. Members would take it in turns to choose a book to read and discuss with each other on an informal basis.

“To make it accessible we could meet at the office in the daytime. I could do Monday anytime, Wednesday afternoon or Thursday afternoon.

If you are interested, please email me at sarahgasquoine@outlook.com”

- Sarah



BTC office hours : 9am-4.30 pm

Monday - Friday

Tel: 020 8691 5898

249 Lewisham Way SE4 1XF

BTC PHOTOGRAPHIC PROJECT

You may have received a letter or email from Michaela telling you about the proposal to run a photographic project to celebrate fifty years of life in Brockley Tenants Co-operative.

Would you consider having your photograph taken, or maybe recording some of your memories of life in the co-op?

Hopefully we can make an exhibition to show at our party on the 27th and then to display in the office.

If you are interested in being a part of this living history project please email hello@brockley.coop or admin@brockley.coop or call the office on 02086915898.

WINTER WELLNESS DRINK

BTC member Heather sent us this remedy to keep healthy at this time of year:



This is a recipe for a healing, spicy drink that cleanses the body of toxins and may help various ailments :

- 1 teaspoon grated ginger or 1/2 teaspoon of ginger powder
- 1/2 teaspoon cinnamon powder
- 1/2 teaspoon turmeric powder
- 1 teaspoon coconut oil
- 1 teaspoon honey
- 1 cup hot water

Mix and enjoy! Stay warm and well.

- Heather





Allotment news from Sarah

There's not much happening at this time of year, but the lambs lettuce is looking good and the rhubarb is getting started!

If you are interested in getting involved with the Friendly St allotments contact us on hello@brockley.coop



Remember to save the date!! 27th July
2024 BTC Jubilee celebrations - venue to
be announced!



Upcoming events:

April 6th - Voice coffee afternoon
2pm - 3.30 pm. Venue to be confirmed. Check your emails for the next flier.

April 9th - BTC General Meeting
7.00pm in person at BTC office 249 Lewisham Way.

July 27th - BTC Jubilee party.
Venue to be announced. Check your emails for more information.



**JOIN
US**